

Self-Awareness and Self-Locating Questions

These questions are from an online course "*Learning from Indigenous Worldviews*"

Building cultural safety in places where we live, work, and learn includes engaging in practices that support identity and well-being of Indigenous peoples. While respect for and knowledge about Indigenous ways of knowing contribute to these practices, self-reflection and decolonization are important aspects of building cultural safety.

Questions to begin this to ask yourself:

- What is your personal and family history of coming to or being on these lands?
- How has your personal and family history shaped your worldview?
- How do your values, beliefs, and assumptions compare to Indigenous peoples' worldview?
- What are your reactions to the similarities and the differences you notice in worldviews?
- How can your organization, business, or social network learn about or advance Indigenous priorities in your local community/ area?